

# Holy Family Catholic School COVID-19 Update

## On Campus Activities and Instruction

**Important Note:** While it is not possible to eliminate all risk of furthering the spread of COVID-19, there are many steps schools can take to reduce the risk of transmission to students teachers, staff, and their families.

### Daily Screening for COVID-19 Symptoms

The best way to prevent the spread of COVID-19 on campus is for all community members to stay home when they are experiencing the symptoms that indicate an infectious illness. The purpose of the daily COVID-19 screening is to prevent students, faculty, staff, and families from coming to campus if they have symptoms related to any infectious illness including COVID-19.

- Temperature of 100 degrees Fahrenheit or higher (CDC states 100.4)
- Sore throat cough (for students with chronic cough due to allergies or asthma, a change in their cough from baseline)
- Difficulty breathing (for students with asthma, a change from their baseline breathing)
- Diarrhea or vomiting
- New loss of taste or smell
- New onset of severe headache, especially with a fever

The screening will also include that an individual is not in a quarantine period following a close contact\* with an individual who has tested positive.

Signs related to the symptoms of COVID-19 will be visibly posted around the campus and building entrances. All individuals should screen themselves and/or their children daily for COVID-19 symptoms.

At the start of the year, parents/guardians will sign a *promise form* stating that by bringing a student to campus that they are affirming that their child is free from any symptoms of illness included symptoms related to COVID-19 and has not been asked to quarantine from being a close contact with an individual who as tested positive from COVID-19 when they arrive to campus. Faculty, staff, and adults are affirming that they are free from any symptoms related to COVID-19 and have not been asked to quarantine from being a close contact with an individual who as tested positive from COVID-19 when they arrive to campus.

For questions related to the symptoms, isolation, or quarantine related to COVID-19, please contact the school nurse, Mrs. Guzman, at [aguzman@holyfamilycs.org](mailto:aguzman@holyfamilycs.org).

\*Close contact is defined (by the CDC) as someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period. An infected person can spread SARS-CoV-2 starting from 2 days before they have any symptoms, until they meet criteria for discontinuing home isolation. In the K-12 classroom setting, the close contact

definition excludes students who were within 3 to 6 feet on an infected student if both the infected student and the exposed student(s) correctly and consistently wore well-fitting masks the entire time.

### **Personal Hygiene and Procedures**

- Each teacher will teach the following
  - Proper handwashing skills to students that include 20 seconds of washing hands with soap and running water.
  - How to dispose of dirty facial tissues properly and then wash hands or sanitize hands
  - How to cough/sneeze into their elbow and then wash hands or sanitize hands
  - How to remain socially distanced
  - Proper cleaning procedures
  - How to wear, take off, and put on a mask

### **Classroom Procedures**

- Students who may appear to be ill will be sent to the nurse for an assessment
- Students will be socially distanced from other students in the classroom. Students will sit a minimum of 3 feet apart.
- Teachers will utilize activities that allow students to engage in the learning goal while maintaining distance when possible.
- Desks, doorknobs, and other communal areas will be cleaned daily and before a new student uses it.
- Students will wash their hands or use hand sanitizer throughout the day:
  - Upon entering the classroom
  - Before and after eating
  - When hands become visibly soiled
  - At regular intervals during the day
  - When a student requests the need
- To increase air exchange, the HVAC is set so that the air is coming from outside the building.
- When appropriate, the teachers can open the window and utilize air purifiers.
- When appropriate, the teachers can go outside for instruction and lunch (weather permitting).
- Students will face the same direction for learning or plexiglass will be used.

### **Hallways Procedures**

- Individuals moving through the hallway will walk on the right side of the hallway.
- Students waiting the hallways will maintain 3 feet distance.
- Students will have access to the water bottle filling stations. Water fountains are not available.

### **Lunch Procedures**

- Student desks will be cleaned prior to eating lunch if eating inside.
- Students will wash hands or use hand sanitizer before eating.
- Students will not share food.

### **Restroom Procedures**

- Each teacher will teach proper handwashing skills to students that include 20 seconds of washing hands with soap and running water.
- Hand sanitizer will be available in each classroom and workspace.
- No more than two students in the restroom at one time.

### **Daily Cleaning of Facilities**

- All school areas will be cleaned daily
- Daily cleaning will consist of cleaning and disinfecting
- A hired cleaning crew will disinfect frequently touched surfaces including:
  - Bathroom counters, sinks, faucets, and handles
  - Entrance and exit doors
  - Classroom desks and tables
  - Phones
  - Countertops and keyboards
- Teachers/Students will wipe desks, tables, doorknobs, light switches, and shared items used by the classroom twice a day.
- P.E. equipment will be cleaned between uses.

### **Mask Wearing**

- At this time, wearing a mask is recommended in the buildings

### **Temporary Online Learning Due to the Need to Quarantine or Isolate**

There may be instances where a student or class may need to isolate or quarantine. If a student needs to remain home during a period of isolation or quarantine, the student will have the ability to continue learning virtually. Dependent on the grade level of the student, the virtual learning will look different dependent on the developmental readiness of the student.

In order to streamline the online learners into one group, the schedule of online learning may be different than on-campus learning. Students will be with grade level teachers who will assign the learning content, but the teacher may not always be the student's homeroom teacher. All information related to content and schedules will be shared with the family via email.

All virtual learning due to isolation and quarantine will consider the health of the student. If a child is sick, the teacher and family will coordinate to support the learning of the child once the student has returned to health.

For virtual learning, parents can request a laptop if one is needed from Mr. McKinstry at [pmckinstry@holyfamilycs.org](mailto:pmckinstry@holyfamilycs.org).

Online learning may utilize the following teaching strategies:

- Synchronous classes
- Online assignments
- Online learning tools and applications

During online learning, students will be considered present when they participate in live learning sessions and attempt to complete all assigned work. Students who do not complete the work and/or do not attend live learning sessions will be considered absent for the day. In the case of illness, the parent or guardian should contact the homeroom teacher and the front office to inform our staff that a student is sick.

### **Remote Learning for Children who are Medically Vulnerable**

The intention is that all students should attend classes on-campus at Holy Family for students to have full access to the education at school; however, sometimes there is a medical reason which makes it unsafe for a child to attend classes on-campus. This program is available on a limited basis, and families will be asked to provide a medical note stating that the child(ren) cannot attend classes on-campus.

Families will need to commit to the online learning for a semester at a time. Holy Family is coordinating with an accredited Catholic online program, and a student will be enrolled in the course for the semester. The program will provide the teacher who will provide the classwork and assignments for the student using a combination of synchronous and asynchronous learning.

During the semester(s) when the child is enrolled in the virtual learning, it is important for the student to remain connected with our community. The school will continue to provide ways for a student to connect with the community in the following ways:

- Participate in community times with their classmates in their homeroom
- Participate in the livestreamed Masses
- Touch base with the homeroom teacher at Holy Family once per week with any other online child in the homeroom for learning support
- Connect with the counselor and learning support specialist as appropriate
- Participate in social emotional learning opportunities with the Second Step Program
- Utilize the school's online learning applications and resources

Throughout the duration of time that a student is enrolled in the online learning due to a medical need, the student will not be permitted to participate in any of the on-campus co-curricular activities, sports, or events.

For a family who have a medical need to attend classes virtually, please complete this [form](#) by August 11<sup>th</sup>.

## **Illness**

### **Student Illness**

If a child is sick, the parent/guardian should communicate with the school nurse, Mrs. Guzman.

### **Illness During the Day**

If a student experiences symptoms related to illness during the school day, the student will be sent to the nurse for an evaluation. The nurse will evaluate the student and determine whether the student is experiencing symptoms related to a contagious illness or whether the student can return to class.

Out of an abundance of caution, if the student visits the nurse and is exhibiting uncertain symptoms, the nurse will contact the student's parents and send the student home.

If parent/guardian needs to pick up an ill student, it is critical that the parent/guardian or an emergency contact pick up the ill student as quickly as possible. It is highly recommended that a parent/guardian bring their ill child to a healthcare professional who can assess the child and determine the root cause of the symptoms.

Parents/Guardians should communicate with the nurse, Mrs. Guzman, for questions related to isolation, quarantine, and regarding the timeline for returning to campus.

### **Contract Tracing**

If an individual tests positive with COVID-19, the school nurse, Mrs. Guzman, should be contacted as soon as possible. Mrs. Guzman will coordinate with the health department in order to follow all contract tracing guidelines and notify the necessary individuals.