

Student Outcome

Pillar I: The Profession of Faith

1. Faith and Reason

Interior Life Goals (Internalizing the Faith)

Trust God with all your heart.

Be thankful for the gift of life.

Love the beauty of God's creation.

Behavioral Goals (Living as a Disciple of the Lord)

Pray to God to help you stay with Him always.

Pray for wisdom and understanding.

Pray for courage to tell the truth always, even when it is difficult.

Pray for humility.

Spend time outdoors appreciating the beauty of God's Creation.

Listen to one's parents, teachers and catechists as they teach you about Jesus

Be attentive in times of prayer and in Holy Mass

Cognitive Goals (Growing in Knowledge of the Lord)

Know that desire for truth is in every human heart.

Know that there is a difference between what is true and what is false.

Know that we should accept what is true and turn away from what is false.

Know that we can be sure of what is true

Know that it is true that God exists and loves you.

Know that God always tells the truth.

Know that Jesus is God, and he said to his disciples "I am the way and the truth and the life"(Jn. 14:6)

Know that we are happy when we know the truth

Know that Jesus helps us to know the Truth by giving us minds to think with, his Word in Sacred Scripture, and the teachings of the Church that he made

2. Divine Revelation

Interior Life Goals (Internalizing the Faith)

Be grateful that God has revealed himself to us.

Love the written Word of God, the Bible.

Love Jesus, who is the Word of God made man.

Desire to know Jesus better by reading Sacred Scripture.

Desire to listen to the Bible proclaimed in the liturgy.

Behavioral Goals (Living as a Disciple of the Lord)

Read or listen to Sacred Scripture every day.

Listen attentively to the proclamation of the Word during the Liturgy.

Act with reverence towards Sacred Scripture, treating one's Bible with care and respect.

Discuss Scripture with one's teachers, family and friends.

Ask questions about the Bible.

Utilize age-appropriate resources that assist in understanding the readings for Sunday Mass.

Participate in special devotions with one's family, such as praying with Scripture during Eucharistic adoration, praying the Liturgy of the Hours, or reading Scripture reflections with the Rosary.

Cognitive Goals (Growing in Knowledge of the Lord)

Know that God tells us about himself through creation.

Be aware that God also tells us about himself through Sacred Scripture and Sacred Tradition, which we call Divine Revelation

Articulate that Sacred Scripture contains different styles of writing.

Know that the Holy Spirit inspired human authors to write Sacred Scripture.

Articulate that Scripture contains different styles of writing.

Be aware that the Old Testament relates the history of God's chosen people, the Israelites.

Know that the Old Testament and New Testament are connected and teach us about Jesus.

Know that the four Gospels are especially important because they tell us about Jesus' life, mission, death, resurrection and ascension.

Be aware that there are 73 books in Sacred Scripture.

Articulate that the Church discerned, with the guidance of the Holy Spirit, what books were part of Sacred Scripture accurately.

Be aware that the Church's teaching authority, the Magisterium, guides us to understand Sacred Scripture accurately.

Know that Sacred Tradition is teachings and practices of the Church handed down to us by the Apostles.

Be aware that we encounter God's Word through reading and hearing Sacred Scripture and through the Sacraments and liturgies of the Church.

3. The Holy Trinity

Interior Life Goals (Internalizing the Faith)

Honor the Lord in your heart.

Love the Lord your God with your whole heart.

Desire to think, speak, and act in ways that are pleasing to God.

Desire to grow in relationship with the Father, through Jesus the Son, with the Holy Spirit.

Behavioral Goals (Living as a Disciple of the Lord)

Read an age-appropriate Bible to understand how God has revealed himself as the Blessed Trinity, Father, Son and Holy Spirit.

Make the Sign of the Cross with reverence.

Speak the Lord's name with reverence.

Love God in holy Mass

Bless oneself with holy water when entering a Church, remembering one's Baptism in the name of the Father, and of the Son, and of the Holy Spirit.

Cognitive Goals (Growing in Knowledge of the Lord)

Articulate that the Trinity is three Persons in the one God: Father, Son, and Holy Spirit.

Understand that God is the Creator of all things that exist.

Know that there is one God.

Know that the three Persons are each fully God and always act together.

Know that the three Persons are equal and exist forever.

Know that God knows everything and is all powerful.

Know that God the Son is begotten from the Father, and that the Holy Spirit proceeds from the Father and the Son.

Articulate that God is love.

Know that God invites us to be his children through Baptism.

4. Jesus Christ/Christology**Interior Life Goals (Internalizing the Faith)**

Desire to receive the Holy Eucharist.

Be grateful that Jesus makes it possible for us to become adopted children of the Father through Baptism.

Yearn to never be separated from the Lord, and reject sin out of love of Christ.

Seek the grace to live like Jesus each day.

Desire ongoing conversion in one's life.

Behavioral Goals (Living as a Disciple of the Lord)

Honor Jesus in the Eucharist at Mass and, when possible, adoration.

Read Sacred Scripture each day, especially the Gospels.

Strive to follow the teachings of the Lord each day, choosing goodness and virtue rather than evil and sin.

Serve those in need, both in one's family and one's community, out of love for Christ.

Develop a habit of speaking with God every day in prayer.

Strive to learn more about the faith.

Cognitive Goals (Growing in Knowledge of the Lord)

Articulate that God the Son became man, like us in all things but sin. Jesus Christ is true God and true man.

Identify God the Son as being of the same divine nature as (consubstantial with) God the Father.

Know that Jesus is our savior, offering us salvation through his Paschal Mystery.

Articulate that Jesus saves us by his obedience to God the Father, especially in his sacrifice on the Cross.

Know that we have a baptismal call to be like Christ and live a life of holiness.

Identify Scripture as the written Word of God, and Jesus as the eternal Word of God.

Know that God reveals himself to us over time, and that the Old Testament leads to the New Testament, where Jesus fully reveals the Trinity.

Articulate that the Eucharist is Jesus' true Body and Blood.

Identify Mary as the Mother of God (Theotokos), because Jesus is true God and true man.

Know that the final judgment is when Jesus will return in glory to judge the living and the dead.

Express that it is good to see Jesus in holy images.

Know that we share in Christ's mission, and are called to be like Jesus.

5. The Church/Ecclesiology**Interior Life Goals (Internalizing the Faith)**

Love the Church.

Be grateful for being united to other Catholics, including the saints in heaven, in the family of God.

Desire to live the teachings of the Church in one's life.

Be thankful for God's love.

Behavioral Goals (Living as a Disciple of the Lord)

Participate reverently in holy Mass every Sunday and Holy Day of Obligation, as well other days if possible.

Volunteer with one's family to serve those in need through the parish community.

Pray for the needs of the Church throughout the world.

Pray with friends, family, classmates or the parish community when possible.

Celebrate the Church's liturgical seasons and feasts of the saints.

Ask the intercession of our Blessed Mother and the saints.

Cognitive Goals (Growing in Knowledge of the Lord)

Be aware that the Catholic Church is called the Body of Christ, the Bridge of Christ, the Temple of the Holy Spirit.

Be aware that the Church is a gift given to us by Christ and that she led by the Holy Spirit.

Identify the Church as one, holy, catholic and apostolic.

Know that the Church is made up of human persons but united and guided by the Holy Spirit.

Be aware that by Baptism, we are made part of the Body and have a share in Christ's mission of priest, prophet and king.

Be aware that the Church is made up of those who are ordained, those who are the lay faithful, and those who may be in either group that are consecrated religious.

Know that the Bishops in union with the Pope are teachers of the faith for all Christians. Their teaching role is called the Magisterium.

Identify the members of the Church as the baptized on earth, in purgatory, and in heaven.

Know that the Church is called to worship God.

Be aware that the Church worships God through the liturgy. This includes the liturgical seasons and feasts, the Liturgy of the Hours and the celebration of holy Mass.

Identify Mary as the Mother of God and know that we can turn to her in our prayers as an intercessor for us in heaven.

Identify how the Saints are models for us in how to love Jesus with our whole selves.

Pillar II: The Celebration of the Christian Mystery

6. Sacramental Life

Interior Life Goals (Internalizing the Faith)

Willingly and joyfully participate in the liturgy.

Desire to participate in the sacraments.

Be thankful for the gift of Baptism and desire to grow in virtue.

Believe that the Eucharist is truly Jesus present with us, Body, Blood, soul and divinity

Behavioral Goals (Living as a Disciple of the Lord)

Participate actively in the sacramental and liturgical life of the Church

Receive the Sacraments of Penance and Eucharist with gratitude.

Prayerfully adore the Lord in the Blessed Sacrament when possible.

Pray for one's family and one's parish community.

Cognitive Goals (Growing in Knowledge of the Lord)

Be familiar with parts of the Mass, such as the Liturgy of the Word and the Liturgy of the Eucharist

Be familiar with the Liturgical calendar, and identify the seasons and key feasts that we celebrate.

Identify the sacraments as encounters with Jesus Christ and visible signs of invisible spiritual realities.

Identify grace as the life of God that he freely shares with us and that helps us to live as his children and go to heaven.

Identify Baptism as the sacrament in which we are cleansed of Original Sin and personal sin, filled with the Holy Spirit, and become members of the family of the Church.

Identify that the Holy Eucharist truly is Jesus' Body and Blood which he gave us at the Last Supper.

Be aware that the Eucharist truly is Jesus Christ truly present with us, Body, Blood, Soul, and Divinity. The appearance of bread and wine remain but we receive Jesus' Body and Blood. This mystery is called transubstantiation.

Be aware that transubstantiation takes place by the prayer of the priest and the power of the Holy Spirit in the Liturgy.

Identify the Sacrament of Confirmation as the sacrament in which we are sealed with the Gift of the Holy Spirit.

Know that in the Sacrament of Penance we are forgiven of our sins and given grace to grow in virtue.

Identify that in the Sacrament of Anointing of the Sick, a seriously ill person's forehead and hands are anointed with the blessed oil of the sick, and the person receives the prayers of the Church for physical and spiritual healing.

Identify the Sacrament of Matrimony as a covenant of love between a man and a woman, in which they promise to love one another for their whole lives and welcome children from God.

Identify that in the Sacrament of Holy Orders men take vows to serve God as deacons, priests and bishops.

Pillar III: Life in Christ

7. Humanity's Nature, Purpose, and End

Interior Life Goals (Internalizing the Faith)

Yearn to grow in one's vocation to holiness.

Love others out of love for Christ.

Be grateful that God has lovingly created you.

Appreciate the true, good and beautiful things in the world.

Desire to live with God and the saints forever in heaven.

Behavioral Goals (Living as a Disciple of the Lord)

Speak and act with respect towards others because of their dignity as God's creation.

Develop virtues by loving and serving others.

Express gratitude for the beauty of God's creation, especially one's own body and soul.

Pray for those discerning a vocation to the priesthood, religious life or holy matrimony.

Pray that God will help you to be the saint he has called you to be.

Cognitive Goals (Growing in Knowledge of the Lord)

Identify loving and serving God as the ultimate purpose of human existence.

Know that Christ calls us to love others as he has loved us.

Know that we are beings created by God in his own image and likeness

Identify the human person as a unity of body and soul, lovingly created by God.

Know that God has given us intellect and free will.

Know that God lovingly made us male and female.

Know that each person is called by God to follow him as his disciple. Our first vocation is to be holy.

Be aware that we can be called to a state in life and that these are: ordination(for men), marriage or consecrated life.

Know that when we die, our souls is separated from our body and will either enter heaven, purgatory, or hell.

Know that God desires that are with him in heaven one day, and not separated from him in hell.

Be aware that on the Last Day, Jesus will return in glory, raise the dead, and bring all the just to live with him forever.

8. Moral Living

Interior Life Goals (Internalizing the Faith)

Want to become the saint that God has called you to.

Love God and others.

Desire to do what Jesus teaches us each day.

Be grateful for your family and friends.

Behavioral Goals (Living as a Disciple of the Lord)

Prayerfully prepare to receive the Sacraments of Penance and Eucharist when possible.

Say you are sorry if you hurt someone, and forgive those who have hurt you.

Learn what Jesus teaches us is right and wrong to form one's conscience well.

Be generous and give to those in need as possible.

Practice virtues such as kindness, patience, selflessness, understanding, obedience and charity with family and friends.

Speak and act with respect towards others.

Cognitive Goals (Growing in Knowledge of the Lord)

Know that God gives us his grace to support us in living a holy life.

Know that we have free will and are responsible for our actions.

Be aware that acts are good or bad based on the act itself (the object), the intention of the person, and the circumstances of the situation, All of these must be good for the act to be good.

Know that God gives us the Ten Commandments, the Beatitudes and natural law to guide us to know what is good.

Know that we must form our conscience according to the truth as God has taught us.

Know that we have inherited Original Sin because of the Fall, but that Jesus has offered us salvation by the gift of Baptism..

Know that Baptism removes the stain of Original Sin, but that we still experience a tendency toward evil that we call concupiscence.

Be familiar with sanctifying grace and sacramental grace.

Know that intentionally choosing to act against God's laws is a sin.

Articulate the difference between venial and mortal sin.

Know the requirements for a mortal sin and understand that the Sacrament of Penance allows us to be forgiven and restores the life of grace in us.

Understand that all people are made in the image of God and must be treated with respect.

Know that we are called to serve the poor, and to love our neighbor as ourselves.

Identify the precepts of the Church.

Pillar IV: Prayer

9. Prayer

Interior Life Goals (Internalizing the Faith)

Desire to thank, praise and worship God in holy Mass.

Desire to speak with God and listen to him in prayer.

Desire to pray with one's family.

Desire to stay close to the Sacred Heart of Jesus always.

Behavioral Goals (Living as a Disciple of the Lord)

Participate prayerfully in the Mass on Sundays and Holy Days of Obligation.

Adore the Lord in the Blessed Sacrament when possible.

Pray traditional Catholic prayers such as the Our Father, Grace before Meals, St. Michael Prayer, and the Rosary.

Grow in personal prayer, especially through listening to and reading Sacred Scripture when possible.

Ask the intercession for the saints, especially a patron saint and Blessed Mother.

Share one's needs, fears and petitions in prayer with one's family, and pray for the intentions of others.

Pray for the holiness of one's family.

Participate in the parish's celebration of the liturgical seasons, such as the O Antiphons, the Stations of the Cross, the Regina Caeli, prayers for solemnities and saints' feasts, novenas, etc.

Cognitive Goals (Growing in Knowledge of the Lord)

Define prayer as "the raising of one's heart and mind to God or the requesting of good things from God." (CCC 2590)

Explain that God calls us to speak to him in prayer.

Understand that prayer requires us to keep trying and speak with God each day, even if it is difficult.

Know that it is the Holy Spirit who inspires and teaches us to pray.

Understand that prayer is primarily addressed to God the Father.

Articulate that the Bible is a source of prayer.

Understand that we bless and adore God in the liturgy of the Church, especially the Mass.

Explain that the Lord's Prayer (Our Father) can be called a "summary of the whole Gospel" (CCC 2761)

Identify the liturgical seasons of the Church.

Know that the Saints model for us how to pray.

Understand that we must pray for the whole Church around the world.

Know that prayer should help us to have a humble and trusting heart.