

Guidance – Pre-Kindergarten

Fall 2012

(PK.1) Skills for Learning: Children gain skills to help them be better learners, including how to focus their attention, listen carefully, and ask for help. Students will be able to:

HF #	Objective
1	Welcome someone new as a way to show we care
2	Demonstrate the Listening Rules of the classroom
3	Focus attention for appropriate periods of time
4	Use self-talk to stay focused on school tasks
5	Listen, follow and repeat directions
6	Ask an adult for what he or she needs or wants

(PK.2) Empathy: Children learn to identify and understand their own and others' feelings. Children also learn how to show care for others. Students will be able to:

HF#	Objective
7	Name <i>happy</i> and <i>sad</i> when presented with physical clues
8	Name <i>surprised</i> and <i>scared</i> when presented with physical clues
9	Name <i>angry</i> when presented with physical clues
10	Identify same and different feelings in response to scenarios
11	Identify what to say when they do something by accident
12	Identify that listening is one way to show you care
13	Identify that helping is another way to show you care

P(K.3) Emotion Management: Children learn how to calm down when they have strong feelings, such as worry or anger. Students will be able to:

HF#	Objective
14	Identify physical clues for feeling worried
15	Identify a grown-up to talk to when they feel worried
16	Identify "Stop" and "Name your feeling" as ways to begin to calm down
17	Demonstrate belly breathing
18	Identify and demonstrate the Calming-Down Steps
19	Identify the feeling of disappointment
20	Demonstrate calming-down skills when they feel disappointed

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(PK.4) Friendship Skills and Problem Solving: Children learned how to make and keep friends and to solve problems with others in a positive way. Students will be able to:

HF#	Objective
21	Identify three ways to play fair
22	Identify ways to invite others to play
23	Identify ways to join others in play
24	Identify a problem in response to a scenario
25	Generate solutions in response to a scenario
26	Name <i>sharing</i> , <i>trading</i> and <i>taking turns</i> as fair solutions when two students want to play with the same thing
27	Demonstrate assertive communication in response to scenarios